

INICIO

MASTER

SENIOR

40 - JUNIOR

45 - DUPLA - ESTRE

Vº ENDURO ENTRE A SERRA E O MAR
16 DE JULHO DE 2016



IMPORTANTE

ENDURO ENTRE A SERRA
E O MAR 2016
GRAVATAL-SC
16 DE JULHO DE 2016

DIRETOR DE PROVA:
RICARDO DAUFEMBACK

SUPERVISOR:
JONAS SCHULZ

DISTANCIA:
65,83 KM

LARGADA:
COMUNIDADE DE SÃO
ROQUE

NEUTRO:
COMUNIDADE DE SÃO
ROQUE

CHEGADA:
COMUNIDADE DE SÃO
ROQUE

RESPEITE AS LEIS DE
TRANSITO E PRINCIPALMENTE
OS TERRENOS E SEUS
RESPECTIVOS DONOS.

NA DUVIDA, ACELERA...
...MAS DENTRO DE SEUS
LIMITES.

BOM APETITE.



CUIDADO



ATENÇÃO



MUITA ATENÇÃO



Tempo de Prova

MASTER 03:01:15

SENIOR 03:02:18

40 - JUNIOR 03:04:37

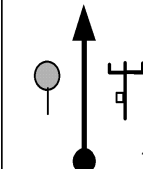
45 - DUPLA - ESTRE 03:07:06



AFERIÇÃO

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BAMP

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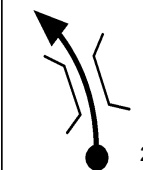


1

AFER

AFERIÇÃO

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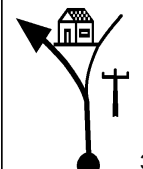


2

AFER

AFERIÇÃO

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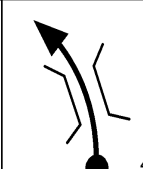


3

AFER

AFERIÇÃO

0.88



4

AFER

NO POSTE

BAMP

RETORNE

POR ONDE VEIO.

1.505

0.000



5

AFER



INÍCIO DE PROVA

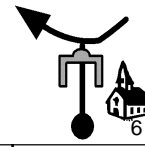
INICIO DE PROVA

TRECHO COM

MOTO CONTRA

CUIDADO

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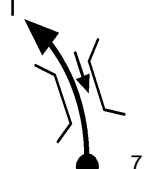


6

36	00.00.00
36	00.00.00
36	00.00.00
36	00.00.00

V T1

0.28



7

36	
36	
36	00.00.28

V T1

PELA PRINCIPAL

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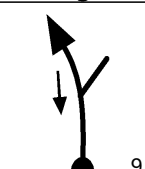


8

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V T1

1.27

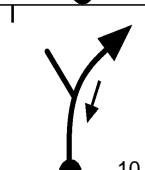


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V T1

1.51

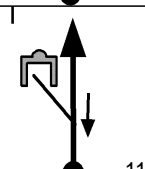


10

36	
36	
36	00.02.31

V T1

2.17



11

36	
36	
36	00.03.37

V T1

16 DE JULHO DE 2016		Pág: 004	
2.20		36	
		36	
		36	00.03.40
		V	T1
2.38		36	
		36	
		36	00.03.58
		V	T1
FIM			
MOTO			
CONTRA			
2.88		36	
		36	
		36	00.04.48
		V	T1
3.88		36	
		36	
		36	00.06.28
		V	T1
4.29		36	
		36	
		36	00.07.09
		V	T1
4.56		36	
		36	
		36	00.07.36
		V	T1
E VAI COMECAR...			
LIMPANDO A VELA 1			
TRILHA DA ARGILA			
4.78		40	00.07.58
		38	00.07.58
		36	00.07.58
		33	00.07.58
		V	T2
4.89		40	
		38	
		36	00.08.09
		V	T2
4.92		40	
		38	
		36	00.08.12
		V	T2

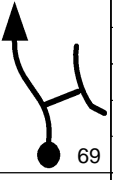
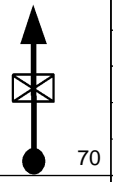

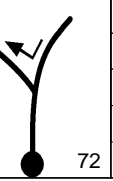
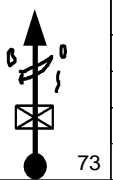
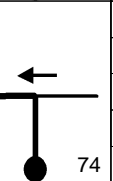
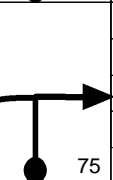
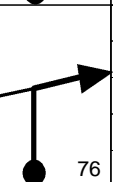


16 DE JULHO DE 2016		Pág: 005	
5.16		40	
		38	
		36	00.08.36
		V	T2
5.34		42	00.08.48
		40	00.08.51
		37	00.08.54
		34	00.08.59
		V	T3
5.92		42	
		40	
		37	00.09.50
		V	T3
6.12		42	
		40	
		37	00.10.10
		V	T3
7.02		42	
		40	
		37	00.11.37
		V	T3
7.04		42	
		40	
		37	00.11.39
		V	T3
7.09		42	
		40	
		37	00.11.44
		V	T3
7.17		39	00.11.25
		37	00.11.36
		35	00.11.52
		32	00.12.13
		V	T4
7.40		39	
		37	
		35	00.12.16
		V	T4
7.63		3'	00.12.08
		3'	00.12.20
		2'30s	00.12.39
		2'	00.13.05
		N	T5
0.00		33	00.15.08
		30	00.15.20
		28	00.15.09
		26	00.15.05
		V	T6

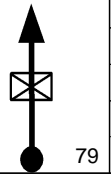


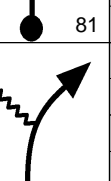





16 DE JULHO DE 2016		Pág: 006	
DESCIDA COM EROSÕES			
0.22		33	
		30	
		28	00.15.38
		V	T6
0.44		36	00.15.56
		33	00.16.13
		30	00.16.06
		28	00.16.06
		V	T7
DESVIO			
BARREIRA			
1.21		36	
		33	
		30	00.17.38
		V	T7
PEDRAS			
1.56		36	
		33	
		30	00.18.20
		V	T7
1.73		38	00.18.05
		36	00.18.34
		33	00.18.41
		29	00.18.51
		V	T8
1.74		38	
		36	
		33	00.18.42
		V	T8
HARD 1			
DESCENDO			
1.87		36	00.18.18
		33	00.18.48
		30	00.18.56
		27	00.19.09
		V	T9
2.08		36	
		33	
		30	00.19.21
		V	T9
2.26		36	
		33	
		30	00.19.43
		V	T9

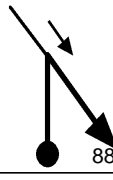
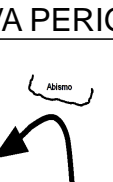
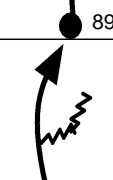
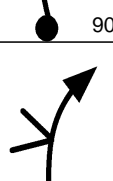
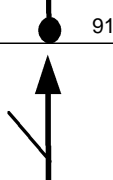
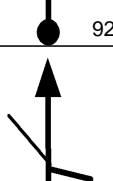
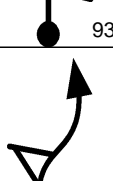
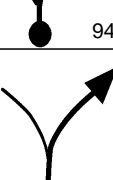
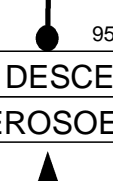
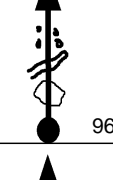
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2.43		30	00.19.14
		27	00.19.49
		25	00.20.03
		22	00.20.23
PELA ESQUERDA		V	T10
2.74		30	
		27	
		25	00.20.48
		V	T10
ESCOLHA			
3.37		27	00.21.07
		25	00.21.54
		22	00.22.19
		18	00.22.57
		V	T11
3.71		27	
		25	
		22	00.23.14
		V	T11
NAO ERRE			
3.78		27	
		25	
		22	00.23.26
		V	T11
3.82		27	
		25	
		22	00.23.32
		V	T11
4.04		27	
		25	
		22	00.24.08
		V	T11
4.24		27	
		25	
		22	00.24.41
		V	T11
4.40		35	00.23.24
		32	00.24.23
		29	00.25.07
		26	00.26.23
BAMP		V	T12
4.59		35	
		32	
		29	00.25.31
		V	T12


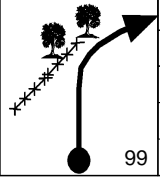
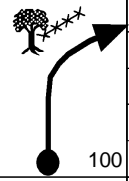
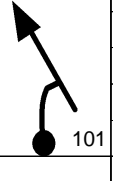
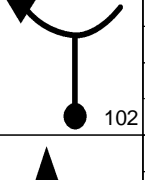
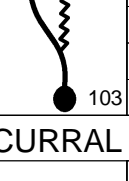
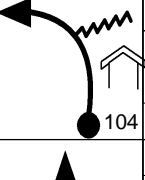

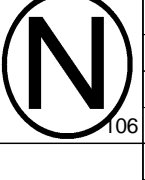
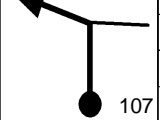
16 DE JULHO DE 2016		Pág: 008	
4.63		4'	00.23.48
		3'30s	00.24.49
		3'	00.25.36
		2'30s	00.26.55
		N	T13
4.63		27	00.27.48
		25	00.28.19
		22	00.28.36
		18	00.29.25
		V	T14
4.67		27	
		25	
		22	00.28.42
		V	T14
4.82		37	00.28.13
		35	00.28.46
		32	00.29.07
		30	00.30.03
		V	T15
5.00		44	00.28.31
		42	00.29.04
		38	00.29.27
		35	00.30.25
		V	T16
5.28		44	
		42	
		38	00.29.54
		V	T16
5.75		44	
		42	
		38	00.30.38
		V	T16
5.82		2'30s	00.29.38
		2'	00.30.15
		2'	00.30.45
		2'	00.31.49
0.00		N	T17
0.00		33	00.32.08
		33	00.32.15
		30	00.32.45
		30	00.33.49
		V	T18

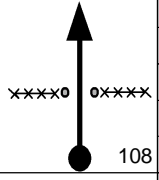
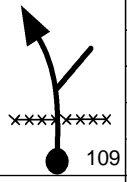
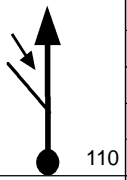
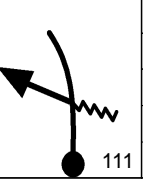
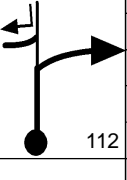
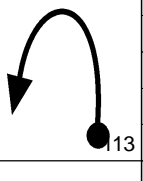
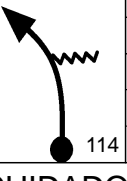
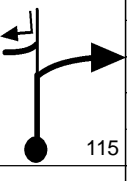
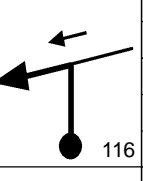

16 DE JULHO DE 2016		Pág: 009	
ESTILO INDEPENDENCIA			
SUBINDO			
SEGURAAAAA			
0.13		40	00.32.22
		38	00.32.29
		33	00.33.00
		30	00.34.05
		V	T19
1.94		40	
		38	
		33	00.36.18
		V	T19
2.10		40	
		38	
		33	00.36.35
		V	T19
PELA ESQUERDA			
MATA-BURRO			
3.65		40	
		38	
		33	00.39.24
		V	T19
3.83		5'	00.37.55
		5'	00.38.19
		4'30s	00.39.44
		3'30s	00.41.29
0.00		N	T20
0.00		36	00.42.55
		36	00.43.19
		33	00.44.14
		30	00.44.59
		V	T21
0.17		36	
		36	
		33	00.44.32
		V	T21
0.46		36	
		36	
		33	00.45.04
		V	T21
0.83		36	00.44.18
		34	00.44.42
		32	00.45.44
		30	00.46.38
		V	T22

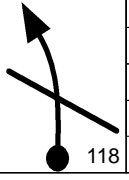


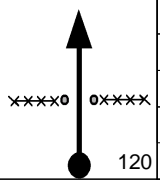
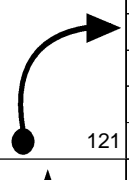
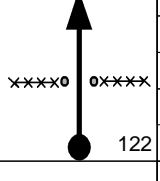
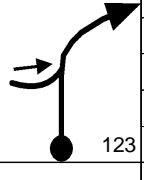
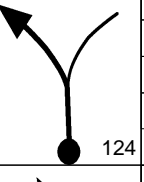
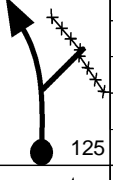
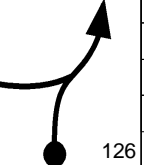
16 DE JULHO DE 2016		Pág: 010	
0.84		39	00.44.19
		37	00.44.44
		34	00.45.46
		31	00.46.39
		V	T23
1.11		39	
		37	
		34	00.46.14
V	T23		
1.25		39	
		37	
		34	00.46.29
V	T23		
1.28		36	00.44.59
		36	00.45.26
		33	00.46.32
		30	00.47.30
V	T24		
CUIDADO DEGRAU			
1.44		36	
		36	
		33	00.46.50
		V	T24
1.48		36	
		36	
		33	00.46.54
V	T24		
1.76		36	
		36	
		33	00.47.24
		V	T24
2.13		36	
		36	
		33	00.48.05
		V	T24
SITIO MEDICO			
2.22		3'	00.46.33
		3'	00.47.00
		2'30s	00.48.15
		2'30s	00.49.23
		N	T25
DEVAGAR			
INICIO RADAR			
2.22		24	00.49.33
		24	00.50.00
		24	00.50.45
		24	00.51.53
		V	T26

16 DE JULHO DE 2016		Pág: 011		
FIM RADAR				
2.45		30	00.50.08	
		30	00.50.35	
		30	00.51.19	
		30	00.52.28	
		V	T27	
		TRILHA DA HELENA		
2.76		42	00.50.45	
		40	00.51.12	
		36	00.51.56	
		33	00.53.05	
		V	T28	
3.44		42		
		40		
		36	00.53.04	
		V	T28	
3.54		43	00.51.52	
		41	00.52.22	
		38	00.53.14	
		35	00.54.30	
		V	T29	
3.80		43		
		41		
		38	00.53.39	
		V	T29	
CURVA PERIGOSA				
3.95		43		
		41		
		38	00.53.53	
		V	T29	
ATENÇÃO NAO ERRE				
4.08		36	00.52.37	
		34	00.53.10	
		32	00.54.06	
		30	00.55.26	
		V	T30	
		42	00.52.49	
4.20		40	00.53.22	
		37	00.54.19	
		35	00.55.40	
		V	T31	
		42		
4.23		40		
		37	00.54.22	
		V	T31	
		42		

16 DE JULHO DE 2016		Pág: 012	
4.43		43	00.53.09
		41	00.53.43
		38	00.54.41
		35	00.56.04
		V	T32
CURVA PERIGOSA			
4.59		43	
		41	
		38	00.54.57
		V	T32
4.71		46	00.53.32
		42	00.54.08
		39	00.55.08
		36	00.56.32
V	T33		
4.84		46	
		42	
		39	00.55.20
		V	T33
4.92		46	
		42	
		39	00.55.27
		V	T33
4.96		46	
		42	
		39	00.55.31
		V	T33
5.05		46	
		42	
		39	00.55.39
		V	T33
5.13		36	00.54.05
		33	00.54.44
		28	00.55.47
		25	00.57.14
		V	T34
DESCE			
EROSÕES			
5.74		27	00.55.06
		25	00.55.50
		20	00.57.05
		17	00.58.42
		V	T35
5.89		26	00.55.26
		24	00.56.12
		21	00.57.32
		17	00.59.14
V	T36		

16 DE JULHO DE 2016		Pág: 013	
5.94		26	
		24	
		21	00.57.41
		V	T36
6.10		26	
		24	
		21	00.58.08
		V	T36
BAMP			
6.15		26	
		24	
		21	00.58.17
		V	T36
6.16		36	00.56.04
		33	00.56.52
		30	00.58.18
		27	01.00.11
V	T37		
6.22		36	
		33	
		30	00.58.26
		V	T37
6.34		36	
		33	
		30	00.58.40
		V	T37
CURRAL			
6.51		36	
		33	
		30	00.59.00
		V	T37
6.57		4'	00.56.45
		3'30s	00.57.37
		2'30s	00.59.08
		2'	01.01.06
0.00	N	T38	
TRILHA DO DIRCEU			
0.00		40	01.00.45
		38	01.01.07
		35	01.01.38
		32	01.03.06
V	T39		
0.21		40	
		38	
		35	01.01.59
		V	T39

16 DE JULHO DE 2016		Pág: 014	
0.22		40	
		38	
		35	01.02.00
		V	T39
0.40		40	
		38	
		35	01.02.19
		V	T39
0.44		40	
		38	
		35	01.02.23
		V	T39
0.68		36	01.01.46
		34	01.02.11
		30	01.02.48
		27	01.04.22
V	T40		
CUIDADO			
SOBE			
0.80		32	01.01.58
		29	01.02.24
		25	01.03.02
		22	01.04.38
V	T41		
0.91		32	
		29	
		25	01.03.18
		V	T41
1.05		36	01.02.26
		33	01.02.55
		28	01.03.38
		25	01.05.19
V	T42		
CUIDADO			
DESCE			
1.13		36	
		33	
		28	01.03.48
		V	T42
1.36		1'	01.02.57
		1'	01.03.29
		1'	01.04.18
		1'	01.06.04
N	T43		
1.36		40	01.03.57
		38	01.04.29
		35	01.05.18
		32	01.07.04
V	T44		

16 DE JULHO DE 2016		Pág: 015	
1.60		43	01.04.19
		40	01.04.52
		37	01.05.42
		34	01.07.31
V	T45		
PEDRA			
2.47		43	
		40	
		37	01.07.07
		V	T45
			
2.68		43	
		40	
		37	01.07.28
		V	T45
2.77		43	
		40	
		37	01.07.36
		V	T45
3.05		43	
		40	
		37	01.08.04
		V	T45
3.17		39	01.06.30
		38	01.07.13
		36	01.08.15
		33	01.10.17
V	T46		
3.28		39	
		38	
		36	01.08.26
		V	T46
3.34		39	
		38	
		36	01.08.32
		V	T46
3.38		39	
		38	
		36	01.08.36
		V	T46

16 DE JULHO DE 2016		Pág: 016	
3.52		39	
		38	
		36	01.08.50
		V	T46
SOBE			
3.67		39	
		38	
		36	01.09.05
		V	T46
3.93		39	
		38	
		36	01.09.31
		V	T46
4.02		39	
		38	
		36	01.09.40
		V	T46
4.05		39	
		38	
		36	01.09.43
		V	T46
4.16		39	
		38	
		36	01.09.54
		V	T46
4.27		39	
		38	
		36	01.10.05
		V	T46
4.37		39	
		38	
		36	01.10.15
		V	T46
4.40		39	
		38	
		36	01.10.18
		V	T46
4.51		39	
		38	
		36	01.10.29
		V	T46


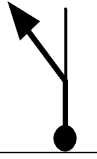
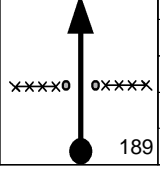
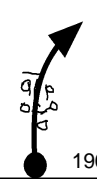
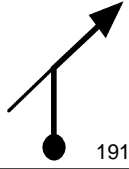





16 DE JULHO DE 2016		Pág: 017	
ESTRADA0			
INICIO MOTO CONTRA			
4.53		39	
		38	
		36	01.10.31
		V	T46
4.56		4'	01.08.38
		3'30s	01.09.25
		3'30s	01.10.34
		2'30s	01.12.49
4.56		N	T47
		36	01.12.38
		36	01.12.55
		36	01.14.04
5.04		36	01.15.19
		V	T48
		36	
		36	01.14.52
6.15		V	T48
		36	
		36	
		36	01.16.43
6.72		V	T48
		36	
		36	
		36	01.17.40
7.14		V	T48
		36	
		36	
		36	01.18.22
APOIO PRINCIPAL			
SÃO ROQUE			
7.41		18'	01.17.23
		18'	01.17.40
		18'	01.18.49
		18'	01.20.04
0.00		N	T49
		33	01.35.23
		33	01.35.40
		33	01.36.49
0.00		33	01.38.04
		V	T50
		33	
		33	01.37.20
0.28		V	T50
		33	
		33	
		33	01.37.20





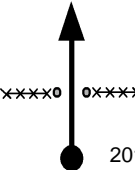




16 DE JULHO DE 2016		Pág: 018	
0.69		33	
		33	
		33	01.38.04
		V	T50
1.27		33	
		33	
		33	01.39.08
		V	T50
1.51		33	
		33	
		33	01.39.34
		V	T50
2.17		33	
		33	
		33	01.40.46
		V	T50
2.20		33	
		33	
		33	01.40.49
		V	T50
2.38		33	
		33	
		33	01.41.09
		V	T50
2.88		36	01.40.37
		36	01.40.54
		36	01.42.03
		36	01.43.18
3.88		V	T51
		36	
		36	01.43.43
		V	T51
4.29		36	
		36	
		36	01.44.24
		V	T51
4.56		36	
		36	
		36	01.44.51
		V	T51
LIMPANDO A VELA 2			

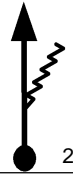
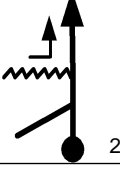
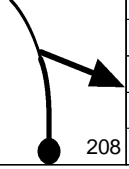



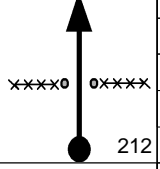



16 DE JULHO DE 2016		Pág: 019	
4.78		45	01.43.47
		43	01.44.04
		38	01.45.13
		35	01.46.28
		V	T52
4.89		45	
		43	
		38	01.45.24
		V	T52
4.92		45	01.43.59
		43	01.44.16
		39	01.45.27
		36	01.46.42
		V	T53
5.16		45	
		43	
		39	01.45.49
		V	T53
5.34		45	
		43	
		39	01.46.05
		V	T53
5.92		45	
		43	
		39	01.46.59
		V	T53
6.12		45	
		43	
		39	01.47.17
		V	T53
7.02		45	
		43	
		39	01.48.40
		V	T53
7.04		45	
		43	
		39	01.48.42
		V	T53
7.09		45	
		43	
		39	01.48.47
		V	T53
7.17		39	01.46.59
		36	01.47.24
		33	01.48.54
		30	01.50.27
		V	T54








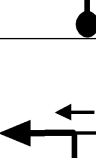


16 DE JULHO DE 2016		Pág: 020	
7.40		39	
		36	
		33	01.49.19
		V	T54
7.63		2'	01.47.41
		2'	01.48.10
		2'	01.49.45
		2'	01.51.23
0.00		N	T55
0.00		33	01.49.41
		31	01.50.10
		28	01.51.45
		25	01.53.23
		V	T56
0.22		33	
		31	
		28	01.52.13
		V	T56
TRILHA DO VELHO DA CACHAÇA			
0.44		33	
		31	
		28	01.52.41
		V	T56
1.26		33	
		31	
		28	01.54.27
		V	T56
1.72		36	01.52.49
		34	01.53.30
		31	01.55.26
		28	01.57.30
		V	T57
DESCES PEDRAS			
☠☠☠ DADOOOOOOO...			
2.34		36	
		34	
		31	01.56.38
		V	T57
2.43		36	
		34	
		31	01.56.48
		V	T57
2.87		36	
		34	
		31	01.57.39
		V	T57







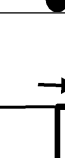



16 DE JULHO DE 2016		Pág: 021	
3.05		36	
		34	
		31	01.58.00
		V	T57
RIO FUNDO			
3.09		3'	01.55.06
		2'30s	01.55.55
		2'	01.58.05
		1'30s	02.00.26
		N	T58
3.09		40	01.58.06
		38	01.58.25
		34	02.00.05
		31	02.01.56
		V	T59
3.23		40	
		38	
		34	02.00.20
		V	T59
3.28		40	
		38	
		34	02.00.25
		V	T59
3.37		40	
		38	
		34	02.00.34
		V	T59
3.50		36	01.58.43
		33	01.59.04
		30	02.00.48
		27	02.02.44
		V	T60
3.80		36	
		33	
		30	02.01.24
		V	T60
3.92		36	
		33	
		30	02.01.39
		V	T60










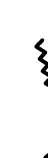
16 DE JULHO DE 2016		Pág: 022	
4.01		36	
		33	
		30	02.01.49
		V	T60
4.19		36	
		33	
		30	02.02.11
		V	T60
4.41		36	
		33	
		30	02.02.37
		V	T60
HARD..			
4.54		36	
		33	
		30	02.02.53
		V	T60
4.96		4'	02.01.09
		3'	02.01.43
		2'	02.03.43
		2'	02.05.59
0.00		N	T61
TRILHA DA PEDREIRA			
0.00		40	02.05.09
		38	02.04.43
		35	02.05.43
		31	02.07.59
V	T62		
CUIDADO			
0.64		40	
		38	
		35	02.06.49
		V	T62
1.41		40	
		38	
		35	02.08.08
		V	T62
1.52		1'	02.07.25
		1'	02.07.07
		1'	02.08.20
		1'	02.10.55
N	T63		
1.52		36	02.08.25
		33	02.08.07
		30	02.09.20
		27	02.11.55
V	T64		

16 DE JULHO DE 2016		Pág: 023	
TRECHO A SEGUIR COM LAGE LISA MUITO CUIDADO....			
1.60		36	
		33	
		30	02.09.29
		V	T64
1.73		36	
		33	
		30	02.09.45
		V	T64
LISOOOO...			
☠☠☠ LAGE DE PEDRA			
1.91		24	02.09.04
		21	02.08.49
		18	02.10.06
		15	02.12.47
V	T65		
SOBE			
1.94		24	
		21	
		18	02.10.12
		V	T65
2.28		39	02.10.00
		36	02.09.53
		33	02.11.20
		30	02.14.16
V	T66		
2.42		39	
		36	
		33	02.11.36
		V	T66
2.50		39	
		36	
		33	02.11.44
		V	T66
2.63		42	02.10.32
		40	02.10.28
		37	02.11.59
		34	02.14.58
V	T67		
2.78		42	
		40	
		37	02.12.13
		V	T67

16 DE JULHO DE 2016		Pág: 024	
3.10		42	
		40	
		37	02.12.44
		V	T67
3.12		42	
		40	
		37	02.12.46
		V	T67
3.23		39	02.11.24
		39	02.11.22
		36	02.12.57
		33	02.16.01
V	T68		
CUIDADO			
BEMMM LISOOOOO...			
3.50		39	
		39	
		36	02.13.24
		V	T68
LAGE DE PEDRA			
3.60		25	02.11.58
		22	02.11.56
		19	02.13.34
		16	02.16.42
V	T69		
LISO			
3.72		25	
		22	
		19	02.13.57
		V	T69
4.06		39	02.13.04
		39	02.13.11
		36	02.15.01
		33	02.18.25
V	T70		
4.21		39	
		39	
		36	02.15.16
		V	T70
4.27		39	
		39	
		36	02.15.22
		V	T70
4.42		39	
		39	
		36	02.15.37
		V	T70

16 DE JULHO DE 2016		Pág: 025	
CURTA O VISUAL			
4.47 0.00		5'	02.13.42
		5'	02.13.49
		4'	02.15.42
		3'	02.19.10
		N	T71
0.00		39	02.18.42
		39	02.18.49
		39	02.19.42
		36	02.22.10
		V	T72
0.10		39	
		39	
		39	02.19.51
		V	T72
0.42		39	
		39	
		39	02.20.21
		V	T72
0.44		39	
		39	
		39	02.20.23
		V	T72
0.55		39	
		39	
		39	02.20.33
		V	T72
BAMP			
0.64		30	02.19.41
		30	02.19.48
		27	02.20.41
		24	02.23.14
		V	T73
0.82		39	02.20.03
		36	02.20.10
		33	02.21.05
		30	02.23.41
		V	T74
0.94		39	
		36	
		33	02.21.18
		V	T74
1.03		39	
		36	
		33	02.21.28
		V	T74


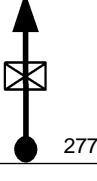
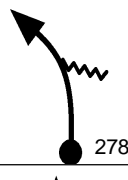
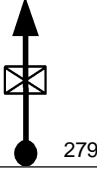
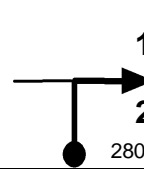
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1.25		39	
		36	
		33	02.21.52
		V	T74
1.30		39	
		36	
		33	02.21.58
		V	T74
1.48		39	
		36	
		33	02.22.17
		V	T74
1.61		39	
		36	
		33	02.22.31
		V	T74
1.87		39	02.21.39
		37	02.21.55
		33	02.23.00
		30	02.25.47
		V	T75
2.44		39	
		37	
		33	02.24.02
		V	T75
3.05		39	
		37	
		33	02.25.09
		V	T75
3.62		39	
		37	
		33	02.26.11
		V	T75
3.67 0.00		3'	02.24.26
		3'	02.24.50
		3'	02.26.16
		2'	02.29.23
		N	T76
0.00		42	02.27.26
		42	02.27.50
		42	02.29.16
		42	02.31.23
		V	T77
PRINCIPAL			

16 DE JULHO DE 2016		Pág: 027	
0.05		42	
		42	
		42	02.29.20
		V	T77
MORRO SECO			
2.00		39	02.30.17
		39	02.30.41
		39	02.32.08
		39	02.34.14
		V	T78
2.48		39	
		39	
		39	02.32.52
		V	T78
3.03		33	02.31.52
		32	02.32.16
		30	02.33.43
		27	02.35.50
		V	T79
			
3.12		36	02.32.02
		34	02.32.26
		32	02.33.53
		29	02.36.02
		V	T80
3.39		36	
		34	
		32	02.34.24
		V	T80
3.85		27	02.33.15
		25	02.33.44
		23	02.35.16
		20	02.37.32
		V	T81
3.96		27	02.33.30
		24	02.34.00
		20	02.35.33
		17	02.37.52
		V	T82
4.00		27	
		24	
		20	02.35.40
		V	T82


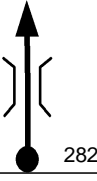
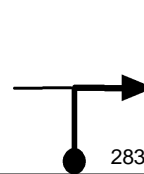
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4.52		33	02.34.44
		30	02.35.24
		27	02.37.14
		24	02.39.51
V	T83		
4.98		33	
		30	
		27	02.38.15
V	T83		
5.01		4'	02.35.38
		4'	02.36.22
		3'30s	02.38.19
2'30s	02.41.04		
N	T84		
5.01		39	02.39.38
		39	02.40.22
		39	02.41.49
		39	02.43.34
V	T85		
5.46		39	
		39	
		39	02.42.30
V	T85		
6.00		39	02.41.09
		37	02.41.54
		35	02.43.20
		33	02.45.05
V	T86		
6.09		39	
		37	
		35	02.43.30
V	T86		
6.24		39	
		37	
		35	02.43.45
V	T86		
PICO DA TRILHA			
VISUAL			
...ENTRE A SERRA E O MAR...			
6.48		5'	02.41.53
		5'	02.42.40
		5'	02.44.10
		5'	02.45.58
0.00	N	T87	
DESLOCAMENTO			
0.00		2'	02.46.53
		2'	02.47.40
		2'	02.49.10
		2'	02.50.58
D	T88		

16 DE JULHO DE 2016		Pág: 029	
DESCE FORTE			
0.08			
		D	T88
FIM DESLOCAMENTO			
0.15		36	02.48.53
		36	02.49.40
		33	02.51.10
		30	02.52.58
V	T89		
0.30		36	
		36	
		33	02.51.26
V	T89		
POR BAIXO DA PONTE			
0.72		36	
		36	
		33	02.52.12
V	T89		
0.76		36	
		36	
		33	02.52.16
V	T89		
0.84		36	
		36	
		33	02.52.25
V	T89		
1.08		39	02.50.26
		39	02.51.13
		37	02.52.51
		34	02.54.49
V	T90		
1.14		39	
		39	
		37	02.52.57
V	T90		
1.34		39	
		39	
		37	02.53.16
V	T90		
1.36		42	02.50.52
		42	02.51.39
		39	02.53.18
		36	02.55.19
V	T91		

16 DE JULHO DE 2016		Pág: 030	
1.52		42	
		42	
		39	02.53.33
		V	T91
1.86		36	02.51.35
		34	02.52.22
		31	02.54.04
		28	02.56.09
V	T92		
1.97		36	
		34	
		31	02.54.17
V	T92		
2.00		36	
		34	
		31	02.54.21
V	T92		
2.03		36	
		34	
		31	02.54.24
V	T92		
2.07		36	
		34	
		31	02.54.29
V	T92		
2.16		42	02.52.05
		42	02.52.54
		39	02.54.39
		36	02.56.48
V	T93		
2.32		42	
		42	
		39	02.54.54
V	T93		
2.66		42	
		42	
		39	02.55.25
V	T93		
2.68		1'	02.52.50
		1'	02.53.38
		1'	02.55.27
		1'	02.57.40
N	T94		
2.68		33	02.53.50
		33	02.54.38
		33	02.56.27
		33	02.58.40
V	T95		

16 DE JULHO DE 2016		Pág: 031	
2.77		42	02.53.59
		42	02.54.48
		42	02.56.37
		42	02.58.49
		V	T96
3.12		42	
		42	
		42	02.57.07
		V	T96
4.03		15	02.55.47
		15	02.56.36
		15	02.58.25
		15	03.00.37
		V	T97
4.28		39	02.56.47
		39	02.57.36
		39	02.59.25
		39	03.01.37
		V	T98
4.33 0.00		1'	02.56.52
		1'30s	02.57.41
		2'	02.59.30
		2'30s	03.01.42
		N	T99

PELA PRINCIPAL

0.00		36	02.57.52
		39	02.59.11
		39	03.01.30
		42	03.04.12
		V	T100
1.27		36	
		39	
		39	03.03.27
		V	T100
1.78		36	
		39	
		39	03.04.14
		V	T100

PARABENS..

2.03		36	03.01.15
		39	03.02.18
		39	03.04.37
		V	T100

FIM DE PROVA !!



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Tempo de Prova			
MASTER 03:01:15			
SENIOR 03:02:18			
40 - JUNIOR 03:04:37			
45 - DUPLA - ESTRE 03:07:06			
FIM			